

## Head Injury Assessment Tool



This form should be completed for **every case** of suspected and confirmed concussion and for any player developing symptoms or signs after the game that may suggest the development of a delayed concussion. The form is to be completed after two nights' sleep – including the night of the game.

							To +	he n	21/25	• Fro	m th	م لانہ	k-off	timo	until	nov	,·	********										
								ne p	ayei			e Nic	K-OII	шпе	until													
HOW MANY?  Identify any symptom you have experienced since the injury or following the Game which is not usually noted with Rugby.				HOW MUCH?						WHEN?				HOW LONG?							STILL PRESENT?  Confirm the intensity of any unusual symptom that is still present from 1 to 6.							
			Ide	Identify the maximum intensity of each symptom.					Identify when you started to feel each symptom identified.				Please identify how long each of these symptoms lasted.															
			Mild Moderate Severe			/ere	- <1 <15 <30 <1 <						< 3	<3 <1 <2 <1		>1	Mild		lild	Mod	lerate	Se	evere					
	No	Yes	1	2	3	4	5	6	<b>A</b> *	B**	C***	D****	min	min	min	hour	hrs	day	days	week		0	1	2	3	4	5	6
Headaches																												
Pressure in head'																												
Neck pain																												
Nausea or vomiting																												
Dizziness																												
Blurred vision																												
Balance problems																												
Sensitivity to light																												
Sensitivity to noise																												
Feeling slowed down																												
Feeling like 'in a fog'																												
'Don't feel right'																												
Difficulty concentrating																												
Difficulty remembering																												
Fatigue or low energy																												
Confusion																												
Drowsiness																												
Trouble falling asleep/disturbed sleep																												
More emotional																												
Irritability																												
Sadness																												
Nervous or anxious																												

Please send pages 1 and 2 PLUS all HIA forms to your Competition Co-ordinator



## Head Injury Assessment Tool



Player's name:	Co	mpetition:	Date of match:	Kick-off	f time: Team:
Age:	Height:	Weight:	Was a HIA 1 form compl	leted for this event?	Yes No
Was a HIA 2 form of	completed for this event?	Yes No, the playe	r presented with symptoms	24-48 hours after the n	natch
Has this player bee	en previously diagnosed w	rith a concussion? Yes	No Don't know	w If yes, how many?	
Year player began	playing Rugby:	Year player began pla	aying professional Rugby:		
Player position:	Front row (1, 2, 3) Se	econd row (4, 5) Back ro	w (6, 7, 8) Half-backs (	(9, 10) Centre (12,	13) Wing (11, 14) Full-back (15)
Injury mechanism:	A selection <b>MUST</b> be made	e for <b>each of the four areas</b> ,	that is 'Game event', 'Collisi	ion', 'Contact' and 'Play	yer technique':
F	Tackling Collision  Being tackled  Ruck or maul  Scrum  Unknown	Contact: Co-player Ground Unknown	Head/head Head/shoulder Head/upper limb Head/knee or hip Head/foot Head/ground Unknown	Player technique:	Correct technique Head incorrect position Other incorrect technique
Additional tool: Ide	entify (below) the supportive	tool used at this 36-48 hour f	follow up:	Was t	the result abnormal?
None SC	CAT3 CogSport	Headminder Impact	Other	Y	es No
Diagnostic summa	Concussion confirm	ned on game day with no resined with signs and/or symptoed (no sign or symptom of co	m(s) still present(s) at time o	•	IA 3
	•	gnosis of confirmed concussion		excluded' diagnosis ap	• •

- 2. If the player has developed a concussion post-game, the final diagnosis is confirmed concussion
- a negative post-game, same day diagnosis (HIA 2), AND
  a negative concussion assessment at 36-48 hours after the game (HIA 3)